

Home Port

Corinthian Yacht Club of Bellingham



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May 2018

Volume 34 Number 5

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The Next Potluck Meeting is May 8th at 6:00

Speaker: Russ Goforth from West Marine

WHAT'S NEW IN BOATING PRODUCTS & WHAT'S HAPPENING WITH WEST MARINE THAT WILL REALLY HELP OUR MEMBERS SAVE MONEY

Memorial Day Cruise to Fisherman's Bay

Join us Memorial Day weekend on beautiful Lopez Island for our 3rd annual joint cruise with the Bellingham Yacht Club. Last year, we had amazing weather but those crazy negative tides made getting into the marina tricky! This year, the tides will be better and we're hoping for great weather.

Here's the plan for the weekend:

- Friday night enjoy Happy Hour and live music at the resort.
- Saturday evening join us in the party room for 5 card poker mashup followed by a pot luck dinner.
- Sunday evening we're having a seafood feast on the dock.

If you want to join us, email me at olsonvj@aol.com to let me know you're coming and call the marina at (360)468-2233 to reserve your slip. (Be sure to tell them you're with the CYC/BYC group.)

Vickie and Chris Olson

Commodore's Corner

The 2018 cruising season began with a small craft warning and plenty of rain, but we arrived safely for the Matia Island (or as some might say: "Mayshia") cleanup in collaboration with our State Parks' rangers, Steve and Anna. The Falcon had to be there.

My crew, Pete, Ellen, and kids, didn't get off work until 6 pm which meant departing Friday evening in 35 knot winds or waiting until Saturday morning in the rain. Recognizing my proclivity as a fair-weather sailor, (I am loath to begin a cruise when confronted with soggy weather; I melt in the rain) we chose to leave at 6:30 pm Friday. My boat loves small craft warnings. We arrived at Inati Bay at 8:09 pm (sunset), and lo and behold, not a single boat in the bay! It was magical; for one night, Inati was all mine! We dropped hook right in front of the waterfall. If you have only been to Inati in the summer, you may not be aware that it



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has a waterfall. It was a lovely evening for a BBQ, listening to the eagles and loons.

Saturday morning in the rain, I donned my Gorton's "fish-stick man" outfit and weighed anchor at 6:30 am with decent wind. Once past Hale's passage, we sailed to Matia and arrived at 9:30 am just before ranger Anna arrived. There were six boats and 19 worker bees. Everyone stepped up, securing the appropriate tools for trail clearing, ivy killing, and dock repair, but there remained one job unclaimed. Of course, this is the perfect job for the Commodore, turning the compost bins of the composting toilet. The Commy takes another one for the team.



Kim and Neal made the perfect hosts, organizing forest bocce and erecting a big top between the boat shrouds to cover the dock tables to protect us from the inclement weather. The food at potluck was well worth the few hours work. My friend, Pete, brought plenty of oysters from his new oyster farm on Orcas Island. It was a feast. We even invited the 16 sea kayakers (a student outing from a Colorado university) who were camping on the island. They arrived not ten minutes after Pete had finished mowing the campsites to join us for freshly shucked oysters.

As to the White Elephant gifts, I was most disappointed. They were way too practical. I am now facing the embarrassment having to apologize to the poor recipient who received my gift.

Sunday dawned, and "What's happened to the Blue Fin? It's festooned with yellow caution tape, and it looks like a crime scene!" Someone has punked Kim and Neal's boat!

As our crews awoke, the recriminations began. Who could have done such a dastardly deed to such great hosts? Certainly not one of our upstanding CYC members! It must've been the sea kayakers

As we reluctantly prepared to leave (Matia is still my favorite island), it was brought to my attention that my head was out of order. Oh, great! This is truly my week for dealing with crap! This is what happens when you sail with teenagers. "Sorry kids. No loo until we reach Bellingham. Hold it or hang it over the side." Our return sail was otherwise uneventful, good winds except in good ol' Hale's pass.



You may recall I once mentioned in a previous commy's corner that a Commodore's most important duty was taking out the garbage. Well, to this list of accomplishments, you may now add: Dung spreader.

Laurent Martel
Your Commy

Racing News

East Sound Spring Regatta

This year Orcas Island Yacht Club and Ullman Sails started up a new regatta, The East Sound Spring Regatta, sailing out of Rosario Resort. If you've never been there, it's a pretty spectacular venue, and a newly renovated marina. Three Bellingham boats made the trip: Blackfoot, Blade Runner and Hravn. Blackfoot and Hravn sailed in a seven boat PHRF-A division, while Blade Runner raced in a combined SC-27 and Martin 242 fleet. There was also a 4-boat cruising fleet, featuring the 50-ft. schooner Sir Isaac being double handed (although they also had a dog). East Sound is deep with steep sides. The races were set up with starts close to the resort and a set of fixed marks, local mooring buoys with flags attached. Plenty of depth, but sometimes it seemed like we were awfully close to the beach in crowded roundings. It was a fun challenge as well to identify the marks during the first races. On Hravn, we really enjoyed this aspect of the

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racing which was not at all the usual buoy courses. The novelty of the venue, with its offset marks and unknown wind and current patterns, made every race a challenge. We were the scratch boat in our fleet, with only the J-35 Sunshine Girl close in rating, everyone else was up in the 150-180 range, so we had to make good decisions in order to have a shot at correcting out over the fleet.

Saturday's racing was in the southern lobe of East Sound, with wind that was light and flukey, mostly 4-6 knots from the south, but with consistent northerly currents. Though we often led the fleet, there were lots of holes. Between the wind and "pioneering" to identify the marks, the fleet compressed frequently. In three races, we ended up 2, 4, 2, while Blackfoot was 1, 6, 4, and Blade Runner went 3, 4, 5 in their fleet. Sunday started off with coffee and great breakfast burritos at the marina put on by OIYC. The wind filled in to a very nice, steady 6-12 knot southerly by about 10 am. The start was moved north, and we got in 3 longer races. The first was up to the village of East Sound and back. The other two were straddling the northern and southern lobes of the Sound. The longer distances and higher wind range (and known marks) let us get up to hull speed and leg out more. The sun came out sporadically, and we managed not to break anything. We finished the day with three firsts, beating the Merit 25 Paradigm Shift from Anacortes for first in our fleet. Mick and Cathy in Blackfoot did well too, just missing third, beaten by one point by local Bob Brunius (from OIYC) sailing an Ultimate 20. In the other fleet, Ward also ended up 4th in Blade Runner, just 3 points behind the other SC-27, Wild Rumpus. Sir Isaac took first overall with only a single second and 5 firsts. The trophies were all produced by local artists.

All in all, it was six challenging races in two days happening in one of the prettiest spots around! We'll be back next year!

See:

<https://www.facebook.com/ESSRegatta>

Todd A. Koetje

- Results from the 2018 CYC Thursday night racing series are being posted at: [CYC 2018 Race Results](#).

Cruising

Ahoy Cruisers!

Welcome to the sailing season! I hope you were able to make it to Opening Day, the traditional start of the sailing season. The CYC 2018 cruise schedule is available on the CYC website. Our first cruise of the season was early this year thanks to the cruise hosts, Neal and Kim Bittner. Their cruise report is included in this newsletter, a fun time was had by all!

The next cruise is scheduled for May 25-28, Memorial Day weekend. The cruise, hosted by Vickie and Chris Olson, is a joint CYC/BYC cruise to the Lopez Islander Resort at Fisherman Bay on Lopez Island. Because this is a "marina cruise," you will want to let the Olson's know that you are going ASAP so they can assign a slip at the marina for your boat. If the slips fill up before you get your reservation in, you can anchor in Fisherman Bay, a short dinghy ride from the docks and still participate in all the fun.

Finally, from my frequent loitering in chandleries and other nautical stores, I recently came across the yearly issue of Pacific Yachting's "Boater's Blue Pages and Marina Guide." Aside from listing 273 marinas and 1,500 marine businesses in the Northwest, it includes two pages of information on what you need to know when crossing the U.S./Canadian border. This is a very handy and FREE guide that you may want to have on your boat and at your home for planning.

That's it for this month. Contact me if you have cruising questions or would like to bring a cruising issue to the attention of our membership.

May you have fair winds and calm seas!

Matia

We had a fun, successful Matia cleanup cruise this year. Each year seems better than the prior year. We had 19 participants, our honorary co-hosts, and six boats. Thankx, Bluefin, Blue Skies, Falcon, Little Wing, and Real Time all braved the somewhat inclement weather, but good sailing to Matia. We left the trail in great shape. Laurent volunteered to do the outhouse, and we replaced a lot of decking on the walkway. Saturday night we enjoyed a great potluck, including fresh oysters that Pete brought from his oyster farm. We enjoyed a lot of hearty laughs during our white elephant gift exchange. You won't want to miss next year as we have permission to gussie up the outhouse!

Happy sailing
Neal and Kim



Events

We have Russ Goforth from West Marine presenting at our May 8th Potluck. His topic is "WHAT'S NEW IN BOATING PRODUCTS & WHAT'S HAPPENING WITH WEST MARINE THAT WILL REALLY HELP OUR MEMBERS SAVE MONEY."

The May Potluck will be our last Potluck Dinner with a speaker for the winter season. June will start our casual Barbeque dinners during the summer months of June, July and August. Please let me know if you have any ideas for great speakers starting in September.

SAVE THE DATE: June 9th **All Day Man Over Board Class**

LifeSling Class - Saturday June 9th

If you have ever wondered how to use the LifeSling in a crew overboard situation or if it's been a while since you learned how to use one properly, and you would like an update on its proper use then this class is for you.

On Saturday, June 9th I will be leading a class on the theory and practice of getting an overboard crew member back onboard both sail and power boats. The class will first meet in a classroom session for a review of the methods and theory. We'll then move down to the docks where we will practice the set-up and use of the LifeSling for hoisting a person back onboard a variety of boats. That session will be followed by an on-the-water practice of deploying the LifeSling and returning to the victim (for safety reasons we will not be deploying people into the water).

If you are interested in possibly participating in this class, and *have not* signed the interest sheet at a CYC meeting, please contact Mike or Karen Reed at (360)733-4252 or at losreeds@comcast.net. Let us know not only your name(s) but email address as well. Indicate also if you would consider:

- Making your boat available for the practice sessions.
- Learning how to mentor those on your boat during the practice sessions.
- Assist in setting up the classroom and or docks.

Please let us know your intentions soon as the size of the class will be limited to the number of boats and mentors we can have available.

Mike Reed

NOTE: Please let me know if you have any ideas for great speakers starting in September.

Cheers,

—Lesli Beasley (360) 201-1669
CYC Administration Officer

Do you have a computer or mobile device to keep your appointments and weekly schedule? Do you want to add CYC events to that electronic calendar?

Cruising schedule and other CYC events are listed on the [CYC Google Calendar](#), which is updated periodically. You can [subscribe to the CYC Google Calendar](#) on your computer or smart phone or see the [Events & Cruises](#) page.

Need help getting started? Talk to Chuck Dingée.

May 2018

May 8: CYC potluck, SYC Clubhouse

May 25-28: Joint CYC-BYC Lopez Cruise

June 2018

June 9: Man Overboard Class

June 12: CYC potluck, SYC Clubhouse

Cruising Recipes

At the White Elephant Gift Exchange during our Matia Island Clean-up Cruise, I won a bottle of Meyers Dark Rum. So, I decided to share a recipe for Pain Killers, an iconic drink that I learned about while taking a Catamaran class in the British Virgin Islands. I, of course, had to sample one at each island stop-over to find the perfect Pain Killer.

Painkiller Drink Recipe

- 2-4 oz. of Pusser's Rum
- 4 oz. pineapple juice
- 1 oz. cream of coconut (Do not confuse this with Coconut Milk. Cream of coconut is available in Haggens liquor department.)
- 1 oz. orange juice
- Grated fresh nutmeg

In a cocktail shaker filled with ice, add first four ingredients and shake. Pour into cocktail glasses over ice and top with grated nutmeg.

Serves 1-2

Flotsam and Jetsam

Book review:

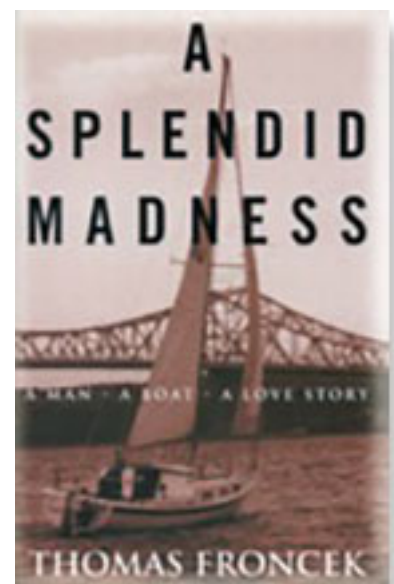
***A Splendid Madness: a Man, a Boat, a Love Story* by Thomas Froncek**

Recently I reread this account by Thomas Froncek of his introduction to and subsequent infatuation with sailing. The book follows his journey from his early introduction to sailing, to sailing instruction in mid-life, sailboat ownership, and finally as an experienced boater. The ordeals and adventures on the Hudson River that Froncek relates will be very familiar to most of us. As I read the book, it took me back to many of the same experiences that I have had from sailing for the first time through becoming a competent sailor. His stories are a reminder of the characters who have helped introduce us to sailing and continue to help us to learn how to be able sailors, and thoughtful boat owners.

"Did I need a boat? Of course not. Did I want one? As I sat there beneath the stars and felt the gentle rocking of the boat beneath me and heard the quiet voices of my companions as they, too, savored the beautiful night, I knew the answer as clearly as I had ever known anything."

What this book is not, is a detail of a harrowing Southern Ocean crossing, race around the world, or rounding of Cape Horn, that so many of our favorite sailing books recount. What it is, is a nostalgic trip through the early life of a recreational sailor. At times funny and at times sentimental, this easy read takes you back to those eye-opening thrills, embarrassing mistakes and personal triumphs we have all experienced (and continue to experience) as boaters. The hardbound book is ~200 pages and is available at the Bellingham Public Library, on loan from yours truly, or purchased used/new from ~\$5.00 to \$20.00.

-Greg Hartgraves
CYC Reciprocity Chair
S/V Blue Skies



CYC Board Minutes

Board minutes are in Adobe PDF format.

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7 MAY 2018

Linda Benafel, Laurent Martel, Chuck Dingée, Lesli Beasley, Todd Koetje, Ken Russell, Vickie and Chris Olson, Mike Reed, Greg Hartgraves.

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