

# Home Port

## Corinthian Yacht Club of Bellingham



122° 30' 06" W 48°44' 55"N

February 2019

Volume 35 Number 2

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### The Next Potluck Meeting is February 12th at 6:00

*Speaker:* **Steve Chambers**, Business Developer for Mustang Survival

### Commodore's Corner

#### It's winter!

Time to work on all those boat projects you set aside last summer because the weather was nice, and you'd rather be sailing. My list is a fathom long.

Today, I'll be installing a new water pump, after 20 years and three re-builds, my old pump finally gave up.

It's also, time to renew your membership dues and please, do fill out and return the questionnaire provided with your check. We have already received a couple checks with no return address, and an illegible signature. We have no idea who is trying to renew their membership. Hmmn, perhaps I'll cash it anyway and help pay for the new water pump.

It's 9 am and I'm lining up the tools needed for the job... missing a set of screwdrivers; must've taken them up to the house. How is it, with all the tools I possess, they are never around when needed? Oh well, looks like I need to replace a couple hoses anyway so it's off to Hardware Sales.

Feelin' good about our board this year. Jon, our new treasurer, who is keeping the budget up to date, just left for Hawaii. Gosh, I hope he didn't take the checkbook.

And Ken, membership, is on track to have the new rosters printed soon, so don't be late with your payment. You won't have the same four month grace period we had last year.

Back to the boat and ready, set... damn! Just stripped a rusty screw. Need better extractors and, oh drat, out of hose clamps. Back to LFS.

You know, allowing the racers to pay their race fees with the renewal is going to make the Spring Skippers sign up so much easier this year. Half of them have already paid their race fees.

OK, it is 12 noon, three trips to Hardware Sales and LFS, and I still haven't extracted that old water pump!

Well shoot, it must be about "beer 30....Que Ci Fa! Perhaps I'll finish this project tomorrow.

Your Commy,

### 2019 CYC Officers and Board Members

*Commodore* - Laurent Martel  
*Vice-Commodore* - Kathy Sheehan  
*Secretary* - Roni Lenore  
*Treasurer* - Jon Martin  
*Administrative Officer* - Lesli Beasley  
*Membership Chair* - Ken Russell  
*Race Chair* - Sean Jones  
*Cruise Chair* - Greg Hartgraves  
*Reciprocity* - Greg Hartgraves  
*Past Commodore* - Steve Clevenger  
*Newsletter* - Linda Benafel  
*Webmaster* - Chuck Dingée

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## Membership News

Ahoy Members! It has been a busy month processing club dues renewals. You should have been spammed by me several times reminding you to get your 2019 dues renewal mailed asap. At this point (February 3) 83 members have renewed. Last year we had a membership of 105 members, so we are at about 79% of last year's membership so far. If you have not done so, get your 2019 dues sent in as soon as possible. Be sure to include a renewal form when you do so; you can download that form from our CYC website. Email me if you have any questions about your renewal. If you have already sent it in, please do not email me and ask if I have received it. 8-)

Over the last few months we have received several new member applications. Ahoy and welcome to the following new CYC members:

Rick & Masami O'Connor  
 Sponsor: Jeff Riedy  
 Formosa 41, Banyandah

Abdul Jabil  
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 San Juan 21

Andreas Weinrich  
 Sponsor: Kathy Sheehan  
 Yamaha 30, Free

Joe & Sarah Postma  
 Sponsor: Ken Russell  
 Catalina 27, Liberty

Joshua Anderson  
 Sponsor: Bob Jenkins  
 Cal 27

Laura Foltz & Cynthia Martin  
 Sponsor: Lesli & Don Beasley  
 23' Ranger Tug, Cool Mint

Lots of new members—I hope I haven't missed anyone!

The sun is returning and spring sailing is just around the corner!

-Ken Russell

## Education

CYC members have expressed a strong interest in having more club boating educational activities. I recently put together an online survey that asked members what topics they are most interested in. Forty-one club members responded to the survey from the 210 email list members (memberships can include two people). The email list membership is about twice the size of our club membership of 105. Assuming that it was mostly club members who responded, the return rate was about 40%.

A wide range of topics were listed and respondents rated their interest in the topic from 1 to 5. Topic ratings were computed by simply adding the ratings for each topic. (If there are any statisticians out there who would like to help me with a more sophisticated data analysis, please contact me!). Here are the results:

Topic	Total	Percent
Safety equipment & procedures	137	67%
Sail handling & trim	137	67%
Rules of the Road (COLREGS)	135	66%
Diesel engine maintenance	130	63%
Basic Navigation	126	61%
Practical & decorative knots	124	60%
Docking	123	60%
Anchoring	120	59%
Canvas maintenance & repair	113	55%

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Marine wildlife identification	113	55%
Fiberglass repair	109	53%
Painting and varnishing	96	47%
Racing rules and tactics	95	46%
Boat winterization	94	46%
Basic marine survey	90	44%
Fishing from a sailboat	86	42%
Maritime photography	73	36%

Surprising to me is the fact that there is not a wide spread of scores; most club members gave a high rating for most of the topics. Given the topic scores and our limited resources it seems to me that any topics at or above 60% would be good topics to focus on. Of course, providing educational programs depends on finding people and resources that can provide education on those topics.

In the next newsletter, I will list some current resources for boater education and explore a bit more about what the CYC can do to satisfy our members boating educational interests. If you would like to help with this effort you are welcome to contact me, Mike Reed or Kathy Sheehan. We are an informal group of club members who are looking into bringing more education

-Ken Russell

### Winter Classes at the Community Boating Center

- Seabirds of the Salish Sea
- Essential Knots for Boaters
- Introduction to Coastal Navigation
- Intro to the Inside Passage
- Introduction to Tides and Currents
- Understanding PNW Weather

To find out more about these class and register, go to <https://www.boatingcenter.org/classes/adult-lessons/indoor-classes/>.

### Spring Classes with the Bellingham Sail and Power Squadron

- America's Boating Course
- Weather
- Introduction to Boating Skills and Safety

To find out more about these class and register, go to <http://boatingisfun.org/education.asp>.

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## Events

We have Steve Chambers, Business Developer for Mustang Survival speaking at our February 11th Potluck.

### March 12th Potluck Presentation : Sailing to the Broughton Islands

Join us for a presentation on sailing to the Broughton Archipelago of British Columbia. Ken Russell and Alan Crabtree sailed their 34 foot vessel from Vancouver, B.C. to the Broughton Islands in August and September of 2018. See pictures of their trip, the routes they chose and hear about the harrowing and sublime adventures that they encountered

*Do you have a computer or mobile device to keep your appointments and weekly schedule? Do you want to add CYC events to that electronic calendar?*

*Cruising schedule and other CYC events are listed on the [CYC Google Calendar](#), which is updated periodically. You can [subscribe to the CYC Google Calendar](#) on your computer or smart phone or see the [Events & Cruises](#) page.*

*Need help getting started? Talk to Chuck Dingée.*

#### **February 2019**

**February 12: CYC potluck**, SYC Clubhouse

**February 26: CYC Board Meeting**, Commodore's House

#### **March 2019**

**March 12: CYC potluck**, SYC Clubhouse

**March 26: CYC Board Meeting**, Commodore's House

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## Cruising Recipes

I made this dish for the January Potluck. It comes from *Every Grain of Rice: Simple Chinese Home Cooking* by Fuchsia Dunlop. It is an easy dish to prepare. The only tricky part for some may be obtaining Sichuan Peppercorns. They are available at Asian markets in town, at Amazon.com and Penzeys.com. Penzeys spells it: Szechuan Peppercorns.

### Broccoli with Chili and Sichuan Pepper

"The familiar Italian broccoli or calabrese (known in China as xi nan hua cai, "flower vegetable from the south west") is a relatively recent import to China, but the Chinese have taken to it with gusto. It is often used as a bright garnish for banquet dishes, and for appetizers or vegetable side dishes. In this Sichuanese recipe, scorched chilies and Sichuan pepper give an everyday vegetable an exciting zing, and the green florets look lovely, too, with their scattering of deep red chili and pepper. For more formal occasions only the florets are used, but the flesh inside the thick stalks has a wonderful flavor, so for home cooking I recommend peeling them, slicing the jade-like flesh and adding it to the stir-fry. The same dish can also be served cold, as an appetizer, in which case it is usually offered in a much smaller portion. The same method of stir-frying with chili and Sichuan pepper, which is known in Sichuan as qiang, can be used for many different vegetables, including beansprouts, water spinach, Chinese cabbage, slivered potatoes, and even Brussels sprouts (less fleshy vegetables, or those that are finely cut, do not have to be blanched)."

Take care not to blanch the broccoli for too long, or the florets will disintegrate when you stir-fry them.

- 11 oz (300g) broccoli
- 5-6 dried chilies, to taste
- Salt 4 tbsp cooking oil
- ½ tsp whole Sichuan pepper
- 1 tsp sesame oil

Cut the broccoli into florets, and cut larger florets lengthways into smaller pieces. Peel the stalk and slice thickly. Snip the chilies into halves or sections and discard the seeds as far as possible. Bring a generous 2 ½ quarts (2 ½ liters) of water to a boil, add 1 tsp salt and 1 tbsp oil. Add the broccoli and blanch for two to three minutes; it should remain bright and crisp. Drain in a colander. Add the remaining oil with the chilies and Sichuan pepper to a seasoned wok over a high flame, and stir-fry briefly until the chilies are just beginning to brown (take care not to burn them). Add the broccoli and stir-fry for 30 seconds or so until the florets are coated in the fragrant oil, seasoning with salt to taste. Turn off the heat, stir in the sesame oil, and serve.

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## Flotsam and Jetsam

*For sale:* **10.5 Avon RIB with storage box in bow** \$1500 also 15 HP Honda 4 stroke with 6 gal tank. \$1500. Dennis (360) 201-0865

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### CYC Board Minutes

Board minutes are in Adobe PDF format.

[Nov 2018](#) [May 2018](#) [Nov 2017](#) [Jan 2017](#)

[Oct 2018](#) [Mar 2018](#) [Apr 2017](#) [Oct 2016](#)

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### Homeport News

Send us your comments about the online CYC newsletter. Do you want to volunteer to write an article or do some editing? Do you have pictures for the Home Port News? E-mail Linda Benafel at [editor@cycbellingham.org](mailto:editor@cycbellingham.org).

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6 FEB 2019

*Linda Benafel, Laurent Martel, Chuck Dingée, Ken Russell.*

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Our mailing address is P. O. Box 101, Bellingham, WA 98227